LETS COLOR TOGETHER
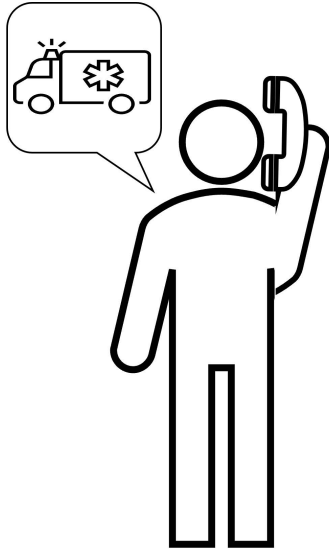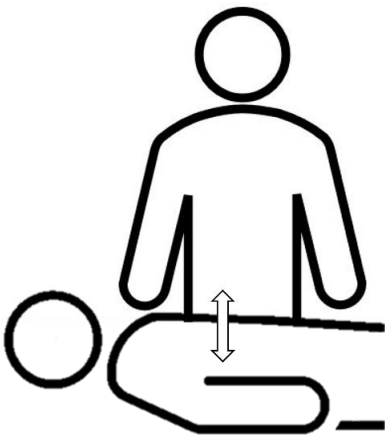
If you see someone fall down

Call HELP

Check BREATHING

Start COMPRESSIONS

RESUSCITATION COUNCIL OF SOUTHERN AFRICA